

BOOK REVIEW

TEXTBOOK OF FACIAL REJUVENATION

**The art of minimally invasive
combination therapy**

Editor

**Nicholas J Lowe MD FRCP
Cranley clinic for Dermatology
London, UK
and**

**Southern California Dermatology
Laser and Psoriasis Center
Santa Monica, CA, USA**

MARTIN DUNITZ

Facial aging is perceived by some to be an inevitable outward sign of the aging process. However, it is felt by others to be an event that should be delayed or prevented if possible. Treatments that enable them to remain looking as youthful as possible may offer social, personal and professional advantages. The many treatment choices currently available, are the subject of this book. Over the last decade, numerous new treatment modalities have emerged, which allow the use of minimally invasive and non-surgical approaches to rejuvenate the aging face. In addition, new topical and photoprotective agents have become available to enable us to protect the skin from UV damage, along with maintenance treatments to retain the most youthful possible skin appearance, and to reduce premature or accelerated skin aging. The development of different novel lasers, leading to non-ablative and resurfacing laser skin rejuvenation, often in combination with vascular and pigment specific lasers, enable the skilled practitioner to offer realistic, both with regard to result and cost, non-surgical techniques to rejuvenate the face. This book discusses photoprotection, topical retinoids and other topical agents for the aging face, psychological issues of facial rejuvenation, glycolic acid, other superficial and combination chemical peels, evaluation and treatment of pigmentation of the ageing face, treatment of facial vascular lesions with lasers, Erbium:YAG laser rejuvenation, laser skin resurfacing, non-ablative lasers for skin rejuvenation, use of botulinum toxin for facial and neck lines, temporary dermal fillers, permanent injectable dermal fillers and implant devices, use of softform for lips augmentation, hair transplantation techniques, facial hair removal, minimally invasive procedures in periocular rejuvenation, use of endoscope in facial aesthetic surgery, rejuvenation of the neck, reproducible photography for the ageing face, digital photography, and when and how to combine treatments.

This book is intended to provide important information for the medical and surgical specialists, who deal with demand for facial rejuvenation about the different treatment options and how these may be successfully selected and combined. There are many non-specialist and indeed many non-medical practitioners, who enter the field of facial rejuvenation, and offer some of the treatments discussed in this book. To them, I advocate recognition of professional limitations, and reflection on patient safety.

**HASSAN ABBAS KHAWAJA, MD
COSMETIC SURGERY & SKIN CENTER,
53 A, BLOCK B II, GULBERG III,
POST CODE 54660, LAHORE,
PAKISTAN.**

**TEL & FAX : 0092-42-5710328
0092-42-300-4699699 (MOBILE)
E-MAIL : drhassan@nexlinx.net.pk
drhassan7@hotmail.com**